

## Dakota County Community Transition Interagency Committee (CTIC)

### **Our Mission:**

To promote effective transition services through community collaboration for youth that will prepare them for adult life.

### **Our Vision:**

Youth with disabilities will have opportunities for full participation in the community.

### **Transition is :**

- Planning for Housing
- Planning for Employment
- Planning for Transportation
- Planning for Recreation/Leisure
- Planning for Post Secondary Education

### **What are CTIC's Responsibilities?**

- Identify current services, programs and funding sources provided within the community for secondary and post-secondary aged youth with disabilities and their families.
- Facilitate the development of multi-agency teams to address present and future transition needs of individual students on their individual education plans.
- Develop a community plan to include mission, goals and objectives and an implementation plan to assure that transition needs of youth with disabilities are met.
- Recommend changes or improvements in the community system of transitions services.
- Exchange agency information such as appropriate data, effectiveness studies, special projects, exemplary programs, and creative funding of programs.
- Prepare a yearly summary assessing the progress of transition services in the community and disseminate it to all adult service agencies involved in the planning and to the Commissioner of Education by September 1st of each year.

The Dakota County CTIC meets on the second Monday of the month at the Dakota County Technical College, 1300 145th Street East, Rosemount, MN 55068.

For additional information, please contact:  
Dr. Terri Trexler 651.423.8426

## EMPLOYMENT AND ALTERNATIVE SUPPORTS FOR ADULTS

Listing the Adult Service providers for Dakota County

Presented by the

Dakota County

Community Transition Interagency Committee (CTIC)

in collaboration with Dakota County Social Services

### **HELPING YOU REACH YOUR GOALS**



**Coming together is a beginning.  
Keeping together is progress.  
Working together is success.**

*~Henry Ford~*

**Dakota County is fortunate to have a multitude of Providers available, who offer a wide assortment of Options in Employment as well as Teaching, Training and Life Skills.**

**This Brochure is meant to help Dakota County Parents, Teachers and Social Service workers identify Day Employment and Habilitation options for young adults with Special Needs related to intellectual, physical and/or mental disabilities.**

**This brochure was assembled by Cindy Hanson of ISD 917 and Bill Schwartz of Midway Training Services. It can be duplicated in any manner, so long as it's primary function, that of information sharing, is not misused or misrepresented.**

**This brochure is funded in part with a grant from the Minnesota Department of Education using federal funding, Medicaid Infrastructure Grant (MIG), CFDA 93.768, Ticket to Work and Work Incentives Improvement Act of 1999, Public Law 106-170, made possible through an Interagency Agreement between the Department of Human Services Pathways to Employment Initiative (PTE) and MDE.**

homes have vehicles to enhance individual opportunities for community involvement. Residents are assisted with all activities of daily living including but not limited to: personal care, meals, housekeeping, shopping and recreational activities. Residents are also assisted with employment, educational and other community activities.

#### **Opportunity Partners**

5500 Opportunity Court  
Minnetonka, MN 55343  
952-938-5511 Fax: 952-930-4279  
TTY: 952-930-4293

Website: [www.opportunities.org/](http://www.opportunities.org/)

Opportunity Partners is redefining "disability" through advanced learning, deep community supports and meaningful work – proving that everyone, when given the opportunity, adds value to our world. Whether it's living independently, learning new skills or earning an income, our services develop people's potential and ability to lead a fulfilling life. Every day, Opportunity Partners provides personalized employment, housing and education services to more than 1,500 individuals in the Twin Cities with developmental disabilities, brain injury, autism and other special needs.

#### **PROACT INC**

3195 Neil Armstrong Blvd.  
Eagan, MN 55121  
651-686-0405 Fax: 651-686-0312  
Website: [www.proactinc.org/](http://www.proactinc.org/)

ProAct is an organization dedicated to serving people with disabilities and other challenges with a range of client services that enhance employment skills and self-sufficiency capabilities. At the same time, ProAct provides employers located along the Mississippi River corridor, from Minnesota's Twin Cities into Wisconsin and southern Minnesota with quality workplace employees and assembly, packaging and light manufacturing products and services. Headquartered in Eagan, Minn., the organization has two additional key Minnesota facilities in Red Wing and Zumbrota

#### **Vocational Support Services Inc.**

1508 E Cliff Road  
Burnsville, MN 55337  
952-736-1600  
Website: [vocationalsupportservices.com](http://vocationalsupportservices.com)

Vocational Support Services provides on-site support and assistance under the Supported Employment model. VSS is able to provide the employer with necessary information to best supervise the consumer, serve as a liaison between employer and employer as needed, assist in problem solving and provide assistance in peer interaction on the job site.

services for adults with disabilities. The DT&H Program stresses the empowerment of people who have severe disabilities to make choices in their daily lives. Program participants have the option to choose vocational or non-vocational types of activities. Most choose a mix of both work is available to everyone who wants both in our centers and in the community. Recreational activities and other types of less traditional training opportunities are an integral part of all of our programming.

#### **MRCI Rosemount**

15191 Boulder Court  
Rosemount, MN 56001  
Phone (651) 423-8900  
Fax (651) 423-8939  
<http://www.mrciworksource.org>

MRCI work source is currently the largest provider of both community-based supported employment and center based extended employment in Minnesota. We offer more than 65 distinct programs that serve more than 3,000 people from Southern Minnesota and the Southern Metro areas. Of that number a record 517 people were employed last year in the competitive job market and were able to leave MRCI work source services and 1137 additional people worked in supported employment.

#### **Minnesota State Operated Community Services (MSOCS)**

444 Lafayette Road N.  
St Paul, MN 55155-3818  
651-634 2300 TTY: 1-800-627-3529  
Website:  
[http://www.dhs.state.mn.us/main/idcplg?IdcService=GET\\_DYNAMIC\\_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id\\_003503](http://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id_003503)

MSOCS, as selected by individuals and their support teams, provides specialized support services to facilitate participation in their communities. MSOCS puts people first and is committed to providing supports that are person-centered, flexible and meet the changing needs of individuals. MSOCS programs offer a variety of vocational options tailored to individual needs. MSOCS also supports individuals in many non-vocational areas including: health maintenance, social skill development, leisure skills, self care skills and community integration.

#### **Phoenix Service Corp**

330 Marie Ave East  
West St. Paul, MN 55118  
651-227-5971 Fax: 651-227-6847  
Website: [www.phoenixresidence.org/](http://www.phoenixresidence.org/)

The Phoenix Residence, Inc. is home for its residents. Each person is provided with every amenity imaginable. Residential services are offered in community-based settings of six bed and four bed homes. Each individual has a private bedroom. All

## **What is Supported Employment?**

Supported employment facilitates competitive work in integrated work settings for individuals with the disabilities (i.e. psychiatric, mental retardation, learning disabilities, traumatic brain injury) for whom competitive employment has not traditionally occurred, and who, because of the nature and severity of their disability, need ongoing support services in order to perform their job. Supported employment provides assistance such as job coaches, transportation, assistive technology, specialized job training, and individually tailored supervision. Supported employment encourages people to work within their communities and encourages work, social interaction, and integration. Supported employment services should achieve the following outcomes: opportunity to earn equitable wages and other employment related benefits, development of new skills, increased community participation, enhanced self-esteem, increased consumer empowerment, and quality of life. A key characteristic which distinguishes supported employment from other employment programs is the provision of ongoing support for individuals with severe disabilities to maintain employment.

**A job coach:** is a person who is hired by the placement agency to provide specialized on-site training to assist the employee with a disability in learning and performing the job and adjusting to the work environment.

**Natural supports:** are support from supervisors and co-workers, such as mentoring, friendships, socializing at breaks and/or after work, providing feedback on job performance, or learning a new skill together at the invitation of a supervisor or co-workers. These natural supports are particularly effective because they enhance the social integration between the employee with a disability and his/her co-workers and supervisor. In addition, natural supports may be more permanent, consistently and readily available, thereby facilitating long-term job-retention.

**Paid Employment:** Wages are a major outcome of supported employment. Work performed are compensated with the same benefits and wages as other workers in similar jobs receive. This may include sick leave, vacation time, health benefits, bonuses, training opportunities, and other benefits.

**Integrated Work Sites:** Integration is one of the essential features of supported employment. Individuals with disabilities should have the same opportunities to participate in all activities in which other employees participate and to work alongside other employees who do not have disabilities.

## What are other Forms of Community Based Employment?

Note that these employment models typically are managed by a Rehab Agency (contracted by Vocational Rehab Services) or a Supported Employment Agency or a DT&H (defined later)

**Enclave Model:** A small group of people with disabilities (generally 5-8) is trained and supervised among employees who are not disabled at the host company's work site. Persons in the enclave work as a team at a single work site in a community business or industry. Initial training, supervision, and support are provided by a specially trained on-site supervisor, who may work for the host company or the placement or habilitation agency. Another variation of the enclave approach is called the "dispersed enclave." This model is used in service industries (e.g. universities, restaurants, retail and hotels). Each person works on a separate job, and the group is dispersed throughout the company.

**Mobile Work Crew:** A small crew of persons with disabilities (up to 6) works as a distinct unit and operates as a self-contained business that generates employment for their crew members by selling a service. The crew works at several locations within the community, under the supervision of a job coach. The type of work usually includes labor. People with disabilities work with people who do not have disabilities in a variety of settings, such as offices and apartment buildings.

**Small Business Model:** Within a small business, there may be up to six employees with disabilities, but not more than the number of employees without disabilities. The small business operates like any business, generating work and paying employees from revenues received. The small business is located within the community. Benefits to Employers; no fee to employer, thoroughly screened applicants, employees' abilities matched to job Requirements, on-site job training by professionals, additional training, as necessary, follow-up services for the duration of employment located within the community.

Website: <http://www.dol.gov/odep/archives/fact/supporttd.htm>

valued. Our mission is to serve our community and people with disabilities as we live and work together. We strive to offer people with disabilities opportunities that lead to personal growth and meaningful experiences through work and learning opportunities. Through Lifeworks Career Development, people with disabilities have the opportunity to work part-time, full-time, or on a temporary basis. We focus on helping our clients be active, engaged members of the community. The job opportunities we pursue enable our clients to become integrated into the workforce. They are employed onsite at area businesses—providing real jobs with real pay, real responsibilities, and real rewards. Lifeworks Social Enrichment offers person-centered services that will help you fill your day with things you choose to do as well as see to your personal care needs. We focus on exploring and defining your preferences and ideas for the future. We coordinate life and career planning and facilitate meetings. At Lifeworks you can build friendships and meet others who share your interests. Our highly trained staff offer opportunities for personal growth and meaningful experiences every day, helping individuals gain skills, confidence, and a sense of community.

### MIDWAY TRAINING SERVICES

1246 University Ave. W., Suite 239  
St. Paul, MN 55104

651-641-0709 Fax: 651-641-0976

<http://www.midwaytraining.org/>

Midway Training Services (MTS) provides a wide range of Center based and community supports to people who have disabilities, depending upon individual needs and desires. MTS values diversity-in its consumers, staff and support services. Our employment services include center based jobs and individual or small group community jobs and volunteer opportunities. Our business partners include retailers, restaurants, law firms, manufacturers, colleges, publishers, human service organizations and lots more. Our life skills services include self-advocacy training, health and fitness activities, on-site psychological services, therapies, behavior and medication management, nurse consultants, community based recreation, cooking, music, leisure and retirement options.

### MIDWEST SPECIAL SERVICES

900 Ocean Street  
St. Paul, MN 55106

651-778-1000 Fax: 651-772-4352

#### Apple Valley

14779 Energy Way  
Apple Valley, MN 55124

952-891-5345 Fax: 952-891-1922

<http://www.mwsservices.org/>

Our vision for the agency is to be the premier provider of vocational and day training

**Connex:** Dakota Cty Alternative Day

#### West Side

179 Robie St. E.

St Paul, MN 55117

#### Eagan

3265 Northwood Circle Suite 180  
Eagan, MN 55121

651-454-9010 Fax: 651-454-9011

customers. Connecting job seekers with jobs, employers with workers and providing ongoing support to both is the primary business focus. Retirement services assist customers in connecting with their communities as they leave the workforce or reduce their work focus. Support services assist all customers in achieving success.

#### **Lambert Vocational Services**

375 East Kellogg Boulevard, Saint Paul, Minnesota (MN), 55101-1411

#### **Lambert Vocational Services**

651 225 9425

Lambert Vocational Services is dedicated to assisting individuals who have a disability, have been injured, or are disadvantaged, to obtain and maintain enriching career opportunities that enhance the quality of their life. Lambert Vocational Services is an innovative leader in the field of vocational rehabilitation. We serve individuals, employers, insurers, government agencies, health care providers and attorneys by providing expert and ethical, timely and respectful case management.

#### **Lifetrack Resources**

709 University Avenue West

St. Paul, MN 55104

651-227-8471 Fax: 651-227-0621

**Website:** <http://www.lifetrackresources.org>

As a community-based service organization, Lifetrack Resources has distinguished itself in our ability to work holistically with individuals, families and children to change lives and create new possibilities. Lifetrack's strategies for improving lives come from our core competency in serving people overcoming multiple obstacles such as physical and mental disabilities, poverty, lack of education, trauma and isolation.

#### **LIFEWORKS DAKOTA REGION**

##### **Administrative office:**

Lifeworks Services, Inc.

1120 Centre Pointe Drive, #101

Mendota Heights, MN 55120

651-454-2732 Fax: 651-454-3174

**Website:** <http://www.lifeworks.org>

##### **Burnsville**

12237 Wood Lake Drive

Burnsville, MN 55337

952-808-1483 Fax: 952-808-9174

At Lifeworks, our commitment to the people we serve guides everything we do. Lifeworks is passionately committed to fostering a greater understanding of people with disabilities so that they are heard, their interests respected, and their contributions

##### **Hastings**

Westview Center

1355 South Frontage Road, #101

Hastings, MN 55033

651-437-8762 Fax: 651-437-7239

##### **Mendota Heights**

1120 Centre Pointe Drive, #400

Mendota Heights, MN 55120

651-365-3790 Fax: 651-365-3792

## **What is Day Training and Habilitation (DT&H)?**

Day Training and Habilitation (DT&H) are supports licensed by the Department of Human Services of the State of Minnesota to help adults :

- Develop and maintain life skills
- Participate in community life
- Engage in proactive and satisfying activities of their own choosing

### **Who is eligible for DT&H services?**

Eligibility for DT&H services is determined through a screening process. To be eligible for DT&H services a person must meet all of the following conditions:

- Be 18 years of age or older and have a diagnosis of mental retardation or a related condition
- Receive a screening for home and community-based services or reside in an Intermediate Care Facility for Persons with Mental Retardation or Related Conditions (ICF/MR) • Have their health and safety in the community addressed in their plan of care
- Make an informed choice to receive DT&H as part of their Individual Service Plan (ISP)

For persons who receive DT&H services under the MR/RC Waiver, they must have at least one residential service offered through the waiver. Persons who reside in an ICF/MR now have a choice of day services as do persons who receive a home and community-based waiver. DT&H can also be arranged to be paid through a Community Support Grant or Community Social Services Act Funding.

### **What services are provided by a DT&H?**

- Supervision, training and assistance in the areas of self-care, communication, socialization and behavior management
- Supported employment and work-related activities
- Community integrated activities, including the use of leisure and recreation
- Training in community survival skills, money management and therapeutic activities that increase the adaptive living skills of an individual
- Non - medical transportation services to enable persons to participate in above listed services (DT&H sites have a separate transportation rate.)

### **How can I get more information about DT&H services?**

Persons who are interested in DT&H services should contact their Case manager, or if your child does not have one, the Dakota County Social Services Intake line at 651-554-6000 (adults) and 962-891-7400 (children's).

## What is Vocational Rehabilitation

With the right kind of training, preparation and workplace accommodations, people with disabilities can have rewarding careers. If you have a disability, our Vocational Rehabilitation Services unit can help you prepare for, find and keep a job, and live as independently as possible. Services vary according to individual needs. We work with you to determine which are most appropriate for you. Then you and your counselor develop a plan to help you reach your goals. Everything starts with a visit to one of our vocational rehabilitation counselors. Schedule an appointment with a counselor a WorkForce Center near you.

Once you apply, it usually takes fewer than 60 day to determine whether you're eligible. Sometimes it takes longer. In those cases your counselor will let you know and ask your permission to take more time

## What is Extended Employment

The purpose of Extended Employment is to provide the ongoing support services necessary for Minnesotans with disabilities and other significant barriers to employment to maintain and advance in jobs and careers. This support is as available to clients moving from one "type" of employment to another. Vocational Rehabilitation Program, also within the Department of Employment and Economic Development, Rehabilitation Services.

The Extended Employment Program is a statewide service that operates to assist you if:

- You are having difficulty keeping a job
- You are an employer looking for people who want to work
- You are employed by community rehabilitation organization
- You are receiving services from a rehabilitation organization

**Alternative Day Services**, a service or services which provide an alternative to traditional DT&H. These services are community based in each individual own locality. Types of services delivered will be based on each individual's needs and preferences and could range from employment to education and other community based activities. The amount of services could range form 1 hour per week to I hour per day and upward, again, depending on the needs and preferences of each individual. ADS is typically licensed under 245b, similar to DT&H's.

Since 1928, Minneapolis-based Courage Center, a nonprofit rehabilitation and resource center, has had a legacy of advancing the lives of people experiencing barriers to health and independence. Our continuum of care includes rehabilitation therapies, transitional rehabilitation, pain management, vocational and community-based services, and camping and sports and recreation programs for people of all ages and abilities.

### **Dakota Communities Inc.**

680 O'Neill Dr.

Eagan MN 55121

651-688-8808

Website: <http://dakotacommunities.org>

Dakota Communities partners with people who have disabilities to realize their potential in their lives and communities. Dakota Communities is devoted to the whole lives of people with disabilities. Whole lives are lived out physically, spiritually, intellectually, and emotionally.

East Suburban Resources (ESR)

### **West Pointe**

#### **Community Program Site**

8619 W. Point Douglas Road

Cottage Grove, MN 55016

651-459-2038

East Suburban Resources (ESR) is a private, nonprofit organization that believes in a community where quality of life for all people is enhanced through inclusion in community life and access to employment.

### **Goodwill Industries Inc./Easter Seals**

553 Fairview Avenue

St. Paul, MN 55104

651-646-2591 Fax: 651-649-0302

Website: [http://mnges.easterseals.com/site/PageServer?pagename=MNDR\\_services](http://mnges.easterseals.com/site/PageServer?pagename=MNDR_services)

Adults with disabilities and other social and economic disadvantages looking for meaningful employment receive job training, placement and other employment services through Goodwill/Easter Seals.

### **Kaposia, Inc.**

380 East Lafayette Freeway South

Suite 212

St. Paul, MN 55107-1216

651-224-6974 FAX: 651-224-7249

Website: <http://www.kaposia.com/>

Kaposia provides comprehensive, customized employment, training and consultation services to individuals with barriers to successful employment, employers and other

## **Access to Employment**

### **Access to Employment Too, Inc.**

5075 Wayzata Boulevard, Suite 180  
Golden Valley, MN 55416  
763-543-6980

Website: [www.accesstoemployment.org/](http://www.accesstoemployment.org/)

AccessAbility, Inc. is a not-for-profit, diversified training, employment and production facility. We provide training, work and recreational opportunities for individuals with disabilities and economic disadvantages who have barriers to employment and community inclusion. Our goal is self-sufficiency. We operate 4 separate business service units and a diverse set of programs to offer more choices for those we serve.

### **AccessAbility, Inc.**

360 Hoover Street NE  
Minneapolis, MN 55413  
Phone: (612) 331-5958  
FAX: (612) 331-2448

Website: [www.accessability.org/](http://www.accessability.org/)

AccessAbility, Inc. is a not-for-profit, diversified training, employment and production facility. We provide training, work and recreational opportunities for individuals with disabilities and economic disadvantages who have barriers to employment and community inclusion. Our goal is self-sufficiency.

## **CHRESTOMATHY OF DAKOTA COUNTY**

1820 E 122ND ST  
BURNSVILLE, MN 55337  
952-974-0339

Website: [www.chrestomathyinc.org](http://www.chrestomathyinc.org)

Chrestomathy is a day training and habilitation service for adults with developmental disabilities. The three program sites are located in Minneapolis, Minnesota and in the nearby suburbs of Eden Prairie and Burnsville. The staff ratio is enriched: one staff for every two clients. Unlike most other programs serving this population, Chrestomathy is a specialized and relatively small company. In total, Chrestomathy serves a little over 100 individuals across all three sites. Founded in 1985, our success can be attributed to our commitment to excellence, our commitment to working with individuals with complex needs and our positive, proactive approach to working with the individuals we serve.

### **Courage Center**

3915 Golden Valley Road  
Golden Valley, MN 55422  
612-588-0811 Fax: 612-520-0577  
Website: <http://www.courage.org/>

## **What is CADI (Community Alternatives for Disabled Individuals)**

The "CADI" Waiver provides funding for home and community-based services for children and adults, who would otherwise require the level of care provided in a nursing facility. Some of those services can include employment -supported and community based (called SES) and in-house (called Pre-Voc.). People with Traumatic Brain Injury (TBI) can also receive employment and community based service funded

### **Various types of Services provided to Adults by providers:**

- 1 = Site based DT&H (with in-house employment and community Crews and life skills training)
- 2 = DTH Supported Employment Services: SES (see elsewhere)
- 3 = CADI Pre-Voc: Similar to Site-Based DTH, except CADI funding
- 4 = CADI SES - Similar to DT&Hn SES
- 5 = Alternative Day (see elsewhere)
- 6 = High-Needs Supports: Expertise in behavior management and/or hygiene supports and other Self-Cares
- 7 = Autism Specialty
- 8 = Curb to Curb Transportation: Provider transports consumer to and from residence and/or work sites
- 9 = Lift Transportation: Provider has wheelchair lifts available
- 10 = Contracted OT/ST: Provider can set up Therapy on site
- 11 = Contr. Psych Service: Provider can set up Therapy on site
- 12 = Physical Mobility : Provider can set up Therapy on site
- 13 = Traumatic Brain Injury: Provider can set up Therapy on site
- 14 = Therapeutic Rec. Provider has Rec and Leisure on site/community
- 15 = Social Enrichment: Provider can set up Interactional Programming
- 16 = Mental Health : Provider has MH expertise
- 17 = Rehab Services: Can contract with Rehab Services
- 18 = Behavior Mgmt Programs: Provider has Behavioral Analysis expertise
- 29 = Extended Employment (see elsewhere)

	DT&H: Site Based	DT&H: Comm. Based	DT&H: SES	CADI: Pre-Voc	CADI: SES	Traumatic Brain Inj.	High Needs Supports	Autism Specialty	Contracted Therapies	"Alternative Day"	Social Enrichment	Mental Health Service	Behavioral Supports	Physical Mobility Conc	Rehab Service Vendor	Lift Vehicle	Door to Door Transport
Access to Employment			x		x										x		
AccessAbility Inc.	x	x	x	x	x		x		x	X	x	x	x	x	x	x	x
Chrestomathy of Dakota County	x	x		x		x	x	x	x		x	x	x				x
Courage Center						x		x	x			x	x	x		x	
Dakota Communities Inc.			x			x	x	x	x	x	x		x				
East Suburban Resources (ESR)	x	x	x	x	x	x	x	x		x	x	x		x	x	x	x
Goodwill Industries Inc. (Easter Seals)				x	x			x		x					x		
Kaposia Inc.	x	x	x	x	x	x	x			x			x		x		
Lambert Vocational Services			x		x										x		
Lifetrack Resources				x	x	x			x			x			x		
Lifeworks	x	x	x	x	x	x	x	x	x	x	x		x	x	x	x	x
Midway Training Services	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Midwest Special Services	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
MRCI	x	x	x	x	x	x	x	x			x	x	x	x	x	x	x
Minnesota State Operated Community Services	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x	x
Phoenix Service Corp	x	x	x	x	x	x	x	x	x		x		x	x		x	x
Opportunity Partners	x	x	x	x	x	x		x	x		x		x	x	x	x	x
PROACT Inc.	x	x	x	x	x	x	x	x	x	x	x		x	x	x	x	x
Vocational Services Inc.			x		x										x		